



# COVID-19 PLAN

**19th March 2020**

Dear Members,

I hope everyone is safe and healthy at this uncertain time.

With the increasing chance of major action by the Australian government to reduce the spread of COVID-19, I know that many of you are concerned about how Musa will continue to operate as well as your membership in the event of the dojang having to close. Social distancing restrictions makes this a very real possibility.

*I seek your support to help our family club remain strong and stay in business. I encourage our members to keep their membership active during this period. This will help the business cover rent, bills and to keep teaching staff employed.*

Your continuing membership of the club is vital in order to keep Musa operating both during and after this challenging period. As such, I want to share with you the plan in the event that Musa is not able to operate in its current form for an extended period - this plan will help look after the members and the health of their families.

## **NO TERM BREAKS**

According to our Club Policy 2020, we have THREE WEEKS 'paid' term breaks every year as part of your semester (ONE week term break every 3 months)

In order to keep our club still in business during the hard times, we propose to BRING FORWARD TWO term breaks to cover this time of inactivity.

This will mean that there will be NO term breaks in Term 2 and Term 3. Musa will be open through all school holidays. With the above arrangements will mean that ALL Taekwondo membership will continue during the government proposed shut down period. In the event the government shut down is longer than two months, we will review our policy and make adjustments accordingly.

Level 1. 225 Great North Road, Five Dock, NSW 2046, Australia

**[www.musataekwondo.com.au](http://www.musataekwondo.com.au)**



## **MEMBERSHIP LOYALTY OFFER**

I'd like to offer every Musa member who maintains their membership during a period in which the dojang can not operate due to a COVID-19 related government policy, the following:

- **ETRAINING ACCESS:** Members will have access to Musa's new eTraining Hub so they can continue training during this isolation period. We'll have instructional training videos of Musa coaches uploading regularly to the Hub. This e-learning hub will still be accessible to members post isolation period with the hub being updated regularly with general tips and advice on how to improve your kicks.
- **LESSON PLANS:** Lesson plans and video links will be emailed to members twice a week to keep everyone training and focused.
- **VIDEO FEEDBACK:** Students are encouraged to send in videos of how they are performing the drills/poomsae and I will give feedback on an individual basis

### *Once-a-Week Members*

- **UNLIMITED TRAINING MONTH:** Upon normal business resuming, members can attend as many classes as they like for an entire month of their choosing.

### *Flexi-Plan Members*

- **50% DISCOUNT AT NEXT GRADING:** Musa will offer you 50% off your next grading fee. Qualifications are required for each grading.
- **FREE ENTRY TO CLUB TOURNAMENT:** We will cover your entry fee of \$30 at the next Club tournament.

### *Squad Members*

- **FREE SMALL GROUP PT:** We're offering free PT for groups of up to four with our tournament Coaches. Bookings required.
- **FREE USE OF TRAINING EQUIPMENT:** Members can borrow club equipment for use at home. Fair use policy applies to ensure all members have access.

Membership Loyal Perks will not apply if members **PAUSE** or **CANCEL** during this period. "Cancellation Policy" & "Suspension Policy" will apply if memberships are cancelled or paused.

## **EXTRA MEASURES BY THE CLUB TO STOP THE SPREAD OF COVID-19**

- Increase frequency of disinfecting the mats
- Increase frequency of disinfecting the equipment
- Sanitising kiosk available all around the academy
- Sending members home when they are unwell
- Minimise contact training

Level 1. 225 Great North Road, Five Dock, NSW 2046, Australia

**[www.musataekwondo.com.au](http://www.musataekwondo.com.au)**



- Encouraging parents to drop off their children instead of staying around the the academy
- Limiting Grading to 14 per session

### **MUSA eLearning Hub**

- Link of the HUB: <https://www.facebook.com/groups/Musaelearning/>
- Only members of Musa Taekwondo Academy are allowed to join the hub.
- You may need to type in you or children's FULL NAME for verification.
- Video content of the hub will be uploaded frequently during this period (Navigated by TOPICS)
- Home Training Lesson plan will be uploaded here if we are made to stay at home.
- Feedback will be provided to those students who wish to submit videos of themselves.

This plan will be put into action if restrictions are announced that prevents Musa's ability to operate its dojang and usual sports and fitness activities.

I know that some club members will be directly financially impacted by the changes brought about by COVID-19 and I waive membership fees for those who are made redundant or have their business shut down. Please feel free to reach out to me about this. All individual conversations will be considered private and treated confidentially.

### **What happens if a staff/student/parent is tested positive with COVID-19?**

Whilst Musa Taekwondo is currently open and members are attending as normal, this is a rapidly evolving situation. The decision on whether to move to off-campus learning changes if a member or staff tests positive for COVID-19, or if health and medical advice changes or if I felt that this would be the best for our community.

With the largest proportion of currently confirmed COVID-19 cases being overseas acquired, the Government announced yesterday that all overseas arrivals in Australia must self isolate for 14 days.

For this reason we have updated Musa's Health Action Plan:

- Any member or staff who has travelled overseas as of midnight 15 March 2020 should remain self-isolated for 14 days following their return to Australia.

Level 1. 225 Great North Road, Five Dock, NSW 2046, Australia

**[www.musataekwondo.com.au](http://www.musataekwondo.com.au)**



- Any member who has been in close personal contact with someone who has been diagnosed with coronavirus should remain self-isolated for 14 days following that contact.

It is important all members follow the above for the safety of themselves and their families. Should a Musa staff member be affected due to a member not following these guidelines, it can have severe effects on the rest of the Club and Community.

Stay safe and healthy everyone,  
Regards

Master Alex  
Head Master and Director

Musa Taekwondo Taekwondo Pty Ltd  
1/225 Great North Road, Five Dock, NSW 2046, Australia  
[coach@musataekwondo.com](mailto:coach@musataekwondo.com)  
[www.musataekwondo.com.au](http://www.musataekwondo.com.au)