

MUSA TAEKWONDO - TAEKWONDO PROGRAMS TIME TABLE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10am - 10.30am TINY WARRIORS CHILDREN TKD Age 4 (Pre-School)		10am - 10.30am TINY WARRIORS CHILDREN TKD Age 4 (Pre-School)		9am-9.45am MINI WARRIORS CHILDREN TKD Age 5-7
	10.30am-11.30am MORNING CREW ADULTS TKD All Rank & Levels		10.30am-11.30am MORNING CREW ADULTS TKD All Rank & Levels		9.45am-10.30am LITTLE WARRIORS CHILDREN TKD Age 8-10
4pm-4.45pm MINI WARRIORS CHILDREN TKD Age 5-7	4pm-4.45pm MINI WARRIORS CHILDREN TKD Age 5-7	4pm-4.45pm MINI WARRIORS CHILDREN TKD Age 5-7	4pm-4.45pm MINI WARRIORS CHILDREN TKD Age 5-7	4pm-4.45pm MINI WARRIORS CHILDREN TKD Age 5-7	10.30am-11.15am YOUNG WARRIORS CHILDREN TKD Age 11-13
4.45pm-5.30pm LITTLE WARRIORS CHILDREN TKD Age 8-10	4.45pm-5.30pm LITTLE WARRIORS CHILDREN TKD Age 8-10	4.45pm-5.30pm LITTLE WARRIORS CHILDREN TKD Age 8-10	4.45pm-5.30pm LITTLE WARRIORS CHILDREN TKD Age 8-10	4.45pm-5.30pm LITTLE WARRIORS CHILDREN TKD Age 8-10	11.15am-12pm POOM WARRIORS CHILDREN TKD Jnr Black Belts & CDB
5.30pm-6.15pm YOUNG WARRIORS CHILDREN TKD Age 11-13	5.30pm-6.15pm YOUNG WARRIORS CHILDREN TKD Age 11-13	5.30pm-6.15pm YOUNG WARRIORS CHILDREN TKD Age 11-13	5.30pm-6.15pm YOUNG WARRIORS CHILDREN TKD Age 11-13	5.30pm-6.15pm YOUNG WARRIORS CHILDREN TKD Age 11-13	12pm-1pm TEENS TKD Age 14-16 (All Rank)
6.15pm-7pm POOM WARRIORS CHILDREN TKD Jnr Black Belts & CDB	6.15pm-7.30pm SPARRING SQUAD (SQUAD B) Youth Novice	6.15pm-7pm POOM WARRIORS CHILDREN TKD Jnr Black Belts & CDB	6.15pm-7.30pm SPARRING SQUAD (SQUAD B) Youth Novice	6.20pm-7.30pm SPARRING SQUAD (SQUAD C) Pre-Squad	1pm-2pm ADULTS TKD Age 17 & up (All Rank)
7pm-8pm TEENS TKD Age 14-16 (All Rank)	7.30pm-9pm SPARRING SQUAD (SQUAD A) Intermediate/Advanced	7pm-8pm TEENS TKD Age 14-16 (All Rank)	7.30pm-9pm SPARRING SQUAD (SQUAD A) Intermediate/Advanced		2pm-3pm BLACK BELT POOMSAE Black Belts only
8pm-9pm ADULTS TKD Age 17 & up (All Rank)		8pm-9pm ADULTS TKD Age 17 & up (All Rank)			3pm-4pm SQUAD OPEN MAT (SQUAD A,B,C) Check Facebook Group